



AGE REVERSERS | SECRETS TO LOOKING YOUNGER

FAST SOLUTIONS VS. DRAMATIC FIXES



NASOLABIAL FOLDS

WHY THEY HAPPEN As fat is lost and the skin loses elasticity, folds develop at the corners of the nose down toward the mouth. "Smile lines" can make their mark in your 20s but usually do not become deep until your 40s or 50s. "They can make you look old because they lead to a tired, droopy look," says Los Angeles dermatologist Annie Chiu, MD.

FAST

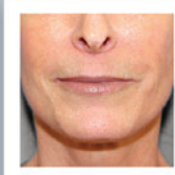
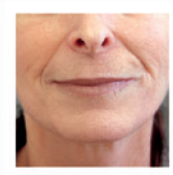
Drawing moisture to the skin is an easy way to plump up lines and folds—even if the results are short-lived.

Sisley Black Rose Cream Mask is chock-full of skin plumpers like trace elements and vitamins to hide the look of nasolabial folds and give an instantly lifted look in minutes. \$158, sisley-cosmetics.com



VS.

BEFORE AFTER



FIX

Juvederm injections helped to minimize folds. Procedure performed by Leslie H. Stevens, MD; Beverly Hills, CA.

Both fat and fillers can erase nasolabial folds although filler is the more common option because they are fast, easy and downtime-free. "Fillers can also be used to lift the cheeks and revitalize the midface for a better look overall," says Dr. Chiu. Although fillers are the quick fix, fat lasts longer but requires a liposuction-like procedure to obtain it before it's processed and injected. Rancho Mirage, CA, plastic surgeon Suzanne M. Quardt, MD, adds that, "while filler disguises the folds, it doesn't physically change it. A facelift—when you're ready for it—is the only way to get rid of the folds because the tissue is repositioned, too."



THINNING LASHES

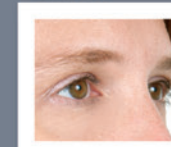
WHY IT HAPPENS Whether the cause of stress, hormones or time itself, the lashes can thin out. "The follicles along the lash line become less active and the lashes can become brittle, thin and breakable," says Dr. Chiu.

FAST

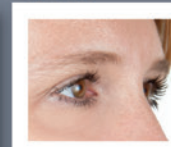
The quickest way to get longer, fuller lashes is with mascara, as it swaths them in the formula to make them appear darker and more pronounced.

Mascara, such as **Lancôme Hypnôse**, can do wonders to fake the look of fuller lashes.

BEFORE



AFTER



One application of **Lancôme Hypnôse** created thicker, more defined lashes.



THE BEST OVERALL MASCARA

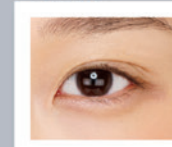
Lancôme Hypnôse

Why it won
The brush lets you get down to the lash line making the thinnest of lashes long and dark. \$25, macys.com

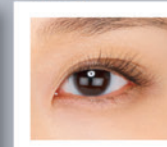
VS.

FIX

BEFORE



AFTER



After using **Latisse** for 16 weeks, this patient's lashes are longer, fuller and darker.

According to Reno, NV, plastic surgeon Tiffany McCormack, MD, **Latisse** is, "the best way to grow better, thicker, longer lashes. I've seen some women have such success with it that they can forgo wearing mascara all together." Lauded by skin-care and beauty experts alike, the eyelash stimulator promises better-looking lashes in six to eight weeks—Dr. Quardt says some of her patients notice a difference in two to four weeks. Some doctors choose to double up on the benefits of **Latisse** with **LashDip**, a semi-permanent lash enhancing treatment. "I like to combine the two to give even darker color and volume—like mascara can—to both the upper and lower lashes," says Dr. Chiu.

MORE >