



NEW
DIARY OF
A SOCIAL
INSIDER

PLUS
FIRST
LOOK:
GETTY
VILLA

CALIFORNIA STYLE

THE BEST

**OSCAR
Fashions**

**Luxury
HOTELS**

**SUSHI
Masters**

**Plastic
SURGEONS**

beauty

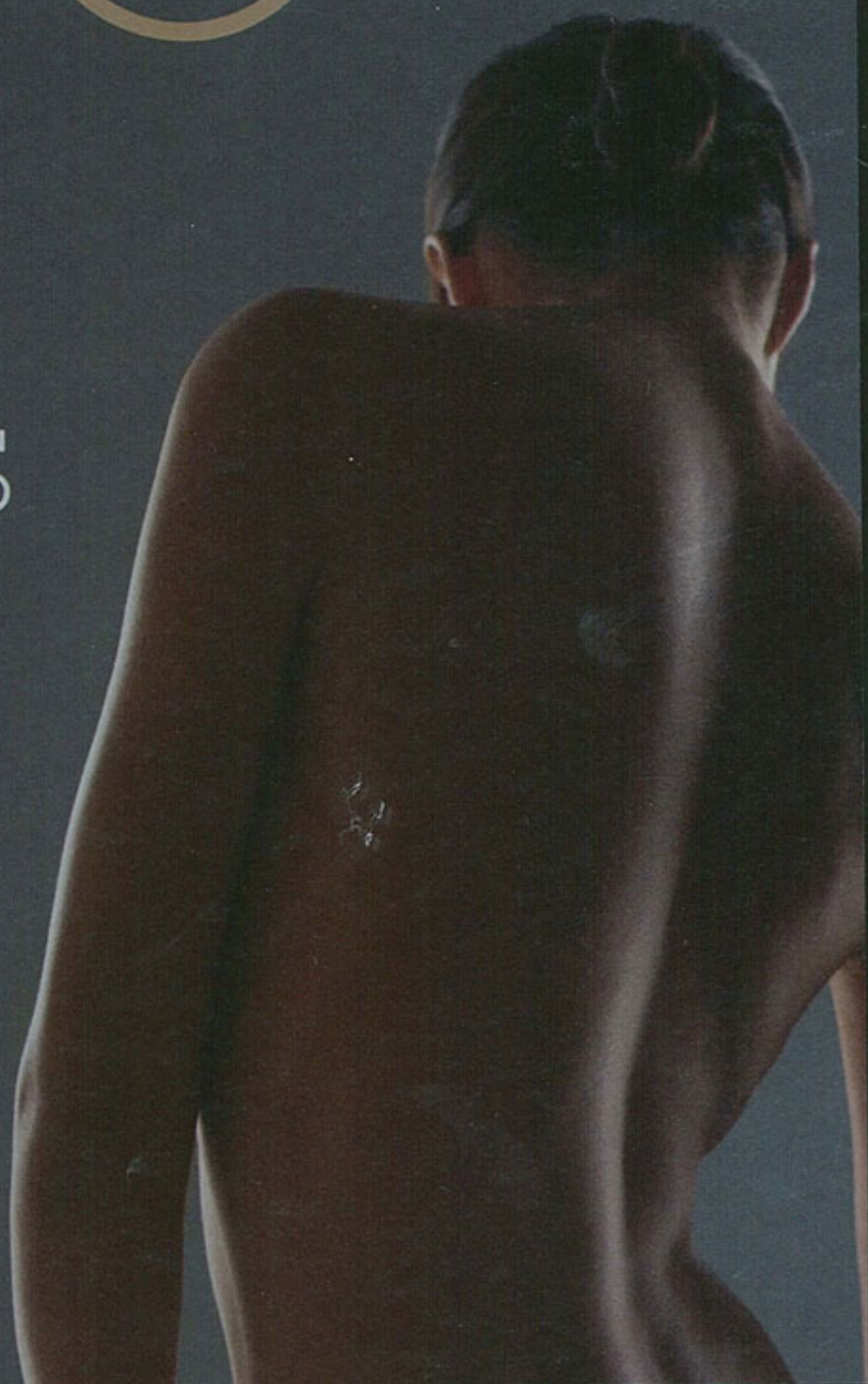
Far from being only a fleeting New Year's resolution, keeping fit and healthy is as much a part of everyday life in California as the sunshine. But eventually, the glow from a good workout is no match for the effects of gravity, and it becomes the right moment to call in the experts for a little fine-tuning. ¶ C sought out California's most exceptionally skilled plastic surgeons, specialists whose work is so subtle that patients consistently look well-rested, refreshed and—above all—natural. While this list of top doctors is much too short to be a definitive guide, it is a solid place to begin for those considering any kind of plastic surgery consultation. All of the doctors are board certified, almost all are clinical professors at top medical schools (UC San Francisco, UCLA and UC San Diego), and all are well-seasoned with at least 10 years in practice. Not to dismiss surgeons fresh from their residencies, but the judgment that comes with experience and thousands of operations weighs heavily on selections. As one source advised, "If you want to look younger, go to a doctor with a touch of gray."

C beauty

**TOP NOTCH
NIPS &
TUCKS**

Those on the cutting edge look to the state's most talked about names in plastic surgery for a flawless fix

BY LAURIE DRAKE



[LOS ANGELES]

GARTH FISHER, M.D.

Breasts

Don't let his appearances on "Extreme Makeover" put you off; this is the No. 1 guy in town for bigger, more beautiful breasts. (It's your decision if you want the Playmate size.) His surgical skills and aesthetic judgment are unquestioned by his peers. 120 S. Spalding Dr., Suite 222, Beverly Hills, 310-273-5995; breastaugmentation.com.

PETER B. FODOR, M.D.

Liposuction

A global authority who wrote the book on liposuction (literally—as in medical school textbook), Fodor uses ultrasonic energy to emulsify fat before vacuuming it out, resulting in less pain and bruising. He's also a fixer: 50 percent of his patients seek correction from lipo performed elsewhere. Fodor pioneered the minimally invasive endoscopic face lift and published a textbook on that, too. 2080 Century Park East, Suite 710, Los Angeles, 310-203-9818; theplasticsurgeon.net.

ROBERT GOLDBERG, M.D.

Eyes

A superspecialist of the eye area, this chief of orbital and ophthalmic plastic surgery at Jules Stein Eye Institute takes on cases that facial plastic surgeons find too challenging, whether it be upper or lower eyelid lifts or someone with overactive tear ducts. Jules Stein Eye Institute, 100 Stein Plaza, UCLA, Los Angeles, 310-794-9341; jsei.org.

BRIAN H. NOVACK, M.D.

Face Lifts

Maverick and meticulous, Novack generally performs only one face lift a week (on Tuesdays), and it's a six- to eight-hour procedure. His work is described by doctors, in voices dripping with envy, as "beyond natural." Patients look refreshed and younger but not different. His lifts, however, come at a price—about double what other surgeons charge. 414 N. Camden Dr., Suite 1010, Beverly Hills, 310-888-8818.

LESLIE H. STEVENS, M.D.

Full Body

At a very youthful-looking 53, Sharon Osbourne is a walking advertisement for Stevens' way with a scalpel: He lifted her face, breasts, legs and bottom; lipo'd her hips and arms; and flattened her stomach with a tummy tuck. The Lasky Clinic, 201 S. Lasky Dr., Beverly Hills, 310-556-8155; drlesliehstevens.com.